



11/15/06

To: All Students

From: Manuel Gomez, Vice Chancellor Student Affairs

Subject: Go Cold Turkey, Make Nov. 16 Quit Smoking Day!

Dear UCI Community,

Come to UCI's Annual Great American Smokeout this Thursday, November 16, to learn more about quitting smoking. Join us at the Anteater Plaza in front of Langson Library from 11a.m. to 1 p.m.

Go "Cold Turkey" and get a FREE sandwich in exchange for three unused cigarettes (good for the first 125 participants). This Smokeout is for people who smoke and want to learn more about quitting and for supportive friends who are helping someone else's quit efforts.

Quit Kits to support your quit efforts will be available at no charge. There will be drawings for restaurant gift certificates, Disneyland tickets, and fun, interactive games. Sponsored by the UCI Health Education Center.

For more information, visit <http://www.health.uci.edu>

Manuel N. Gomez

Vice Chancellor Student Affairs